



INFORMATION AND BOOKINGS

22 952444

info@casalepanayiotis.com

255 from your room

CASALE PANAYIOTIS

Experiences

Foodie

	Halloumi-making workshop*	Learn how to make the famous cyprriot national cheese with local villagers Mrs Maria and Mrs Yiota.	2 hrs	2-12
	Spoon-sweet workshop*	Learn how to make these traditional sweet preserves, served spoon-size as a gesture of hospitality, made from a variety of local fruits.	2 hrs	2-12
	Wine-tasting	Be shown the ins and outs of cyprriot wine-making in our subterranean wine-cellar. Includes a fruit or deli sharing platter.	2 hrs	2-8
	Orchard tour	Be shown around our working orchards and pick a basket of seasonal fruit. Enjoy a glass of homemade lemonade under the cool of the olive trees.	2 hrs	2-8
	Traditional delicacies workshop*	Find out how traditional delicacies have been prepared for centuries in the traditional Marathasa style, with a visit to a local cottage industry making soutzouko, honeyed nuts or pastelaki.	2 hrs	2-12

Adventurer

	Mountain biking	Hire a bike for the day and set off on one of the many varied routes. Helmet and GPS provided.	6-8 hrs	1-4
	Rock-climbing*	Really get to feel the mountains! Experienced guides will show you the ropes. Suitable for beginners and experienced rock climbers.	4 hrs	2-8
	Abseiling*	Abseil into the Marathasa valley. Experienced instructors will guide you. Suitable for beginners or experienced rock climbers.	2 hrs	2-15
	Quad-bike safari*	Take a tour into the wilderness of the Paphos forest on little-used dirt roads on your own quad-bike. Lunch included. Experienced drivers will guide you. Helmets provided. Driving licence required.	3 hrs	1-8
	Nature trails	Pick up a map and explore one of the many local trails or venture further into the Troodos range.	Varies	Any
	Packed lunch	Be sure to order your packed lunch for your day in the mountains!		Any

Cultural

	Guided local walking tour	Take a stroll around Kalopanayiotis with our friendly local guide. Visit the abandoned water mill, taste the natural sulphur-spring water, marvel at the wonderful frescoes of St John Lampadistis monastery and learn about the miraculous tree at Theoskepasti Chapel.	2 hrs	2-15
	Bees & honey workshop*	Marathasa valley is famed for its fragrant local honey. Learn about the art of beekeeping from local villagers and find out what makes our honey so special.	2 hrs	2-12
	Basket weaving workshop*	Mrs Aliki, our skilful basket weaver, will teach you this ancient art of Cyprus.	2 hrs	2-12
	Choice of recommended day excursions (self-guided)	Our reception team can advise you on a variety of day trips including a tour of the UNESCO-listed painted churches of Cyprus; a visit to Kykkos or Trooditissa monasteries or scenic routes through the Troodos range. Own transport required or local taxi service is available.	Varies	Any

Wellness

	Yoga	A variety of yoga techniques are taught by our in-house team. Suitable for beginners or more experienced.	55 min	2-8
	Stretching and breathing	Proper breathing techniques are the secret to better health and well-being. Learn how in this class. Suitable for beginners and experienced.	25 min	2-8
	Spa treatments	See current Myrianthousa spa treatment menu.	Varies	1-2

* Activity provided by third parties.

Please note some activities require advance booking.